

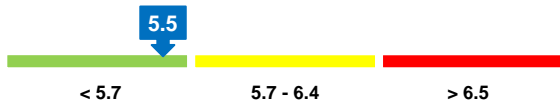
HbA1c TEST REPORT

Patient Jane Doe	Patient ID JD921217	Non-smoker
DOB 12/17/1992 (31 yrs)	Report Date and Time 5/15/2020 15:00	BMI Unspecified Waist Unspecified
Gender F	Received Date and Time 5/11/2020 11:00	Medications None
Systolic blood pressure Unspecified	Specimen Collection Date and Time Blood Spot 5/7/2020 11:30:00	
Menopausal Premenopausal	Hours of Fasting Non-Fasting	Provider 0000 Doctor T 17387 63 rd Ave. Lake Oswego OR 97035 Ph: xxx-xxx-xxxx
	Family History of Heart Disease No Diabetes No Cancer No	

YOUR TEST RESULTS

█ Normal Range
 █ Pre-Diabetic
 █ High
 █ Your Levels

HbA1c (%)



What do your test results mean?

Hemoglobin A1c (HbA1c), is a form of hemoglobin (a blood pigment that carries oxygen) that is bound to glucose. HbA1c levels are reflective of blood glucose levels over the past three months and do not reflect daily ups and downs of blood glucose. High HbA1c levels indicate poorer control of diabetes than levels in the normal range. The normal range for HbA1c is less than 5.7%. Value between 5.7% and 6.4% signals prediabetes. For known diabetics, a value <7% indicates that their diabetes is well controlled. HbA1c targets should be individualized based on duration of diabetes, age, comorbidities, and other considerations.