

HbA1c TEST REPORT

Patient Patient ID Non-smoker

JD921217 BMI Unspecified Waist Unspecified Jane Doe

DOB Report Date and Time Medications 5/15/2020 12/17/1992 (31 yrs) 15:00 None

Gender **Received Date and Time**

F 5/11/2020 11:00

Specimen Collection Date and Time Systolic blood pressure

Unspecified Blood Spot 5/7/2020 11:30:00

Menopausal **Hours of Fasting**

Premenopausal Non-Fasting 17387 63rd Ave.

> **Family History of** Heart Disease

Diabetes No Cancer No Provider 0000

Doctor T

Lake Oswego OR 97035

Ph: xxx-xxx-xxxx

YOUR TEST RESULTS

Pre-Diabetic Normal Range High Your Levels

HbA1c (%)



What do your test results mean?

Hemoglobin A1c (HbA1c), is a form of hemoglobin (a blood pigment that carries oxygen) that is bound to glucose. HbA1c levels are reflective of blood glucose levels over the past three months and do not reflect daily ups and downs of blood glucose. High HbA1c levels indicate poorer control of diabetes than levels in the normal range. The normal range for HbA1c is less than 5.7%. Value between 5.7% and 6.4% signals prediabetes. For known diabetics, a value <7% indicates that their diabetes is well controlled.

HbA1c targets should be individualized based on duration of diabetes, age, comorbidities, and other considerations.

This report is only for information purpose and does not provide any diagnosis or treatment. There may be many other risk factors that must be considered for a complete assessment of your health. Please consult your healthcare provider to discuss your results and any questions you may have about your wellness. This test was developed and its performance characteristics determined by AYUMETRIX. It has not been cleared or approved by the FDA. The laboratory is regulated under CLIA as qualified to perform high-complexity testing. Page 1 of 1